

CAMPUS CHRONICLES

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"Empowering thinkers, engaging innovators"

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Address from the Head of School

The Power of Academic Integrity: Your Key to Success

In the world of education, academic integrity is your secret weapon. It's not just about avoiding plagiarism and cheating – it's a commitment to honesty, respect, and responsibility in everything you do academically. Let's dive into why this matters and how it shapes your journey through the IB school experience.

Understanding Academic Integrity:

Academic integrity means being honest and ethical in all aspects of your academic life. It's about giving credit where it's due and taking responsibility for your work.

Building Trust in the Community:

When everyone values academic integrity, it creates a community built on trust and fairness. It means that everyone has an equal chance to succeed based on their efforts.

Say No to Plagiarism:

Plagiarism, using someone else's work without giving credit, is a big no-no. Learning how to cite sources properly not only keeps you out of trouble but also helps you engage with ideas more deeply.

Real-world Readiness:

Beyond school, employers look for individuals with a strong ethical foundation. Academic integrity prepares you to face challenges with honesty and integrity in the professional world.

Thinking Critically:

Engaging honestly with your coursework makes you a better critical thinker. It's about analyzing, synthesizing, and creating your own ideas – skills that will serve you well in your future pursuits.

Teachers as Guides:

Your teachers are here to guide you. They set clear expectations, teach you about proper research methods, and encourage open communication. They're your partners in maintaining academic integrity.

Tech and Integrity:

In our digital age, academic integrity includes understanding how to use technology responsibly. We're learning about tools that help us maintain integrity while navigating the digital landscape.

In a Nutshell:

Choosing academic integrity is not just a rule; it's a commitment to values that will shape your success in IB and beyond. It's your key to developing character, resilience, and the ethical foundation that defines a successful individual. Embrace it, and you're setting yourself up for a journey marked by both academic achievement and personal growth.

- Ankur Upadhyay
Head of school

MONTHLY ARTICLES

Diploma Program

In the past month, the student team of Campus Chronicles has come together to participate in a health and well-being challenge. As the stress of exams increases, the time students spend at their study table also increases. To beat this, we came together for a walking challenge where each month, we had a goal of steps to hit each day. For the month of September, we had goal to complete 2500 steps a day. It was simple but not everyone could complete it daily, this brought to light how much time we spend sitting, both in class and at home. We have planned to increase the number of steps each day for the upcoming month as a way to incorporate moderate physical activity along with balancing academics. Many people from our class were avid athletes (I am using the term loosely) and had to leave their sports in order to keep up with the rigour of the Diploma Programme. The goal of such a small step number was a way to kickstart their motivation towards a healthier day and kept them in a happier state of mind about achieving their daily goal.

For the month of September, we are proud of ourselves for hitting our step goal for a majority of the days and it has actually helped us track how much time we spent sitting at our desks, either studying or binge-watching Netflix. Some of us even went above and beyond to achieve the goal of 10k steps and that adds an additional dose of dopamine. We would like to call you in on this challenge towards a better day, week, month and ultimately a better lifestyle. Walking is the simplest form of exercise and we urge you to incorporate it into your day by either going on fresh morning walks for relaxed evening walks. A little bit of exercise goes a long way in keeping yourself happy.

-Jossita Sharma, Dp-2

Middle Year Program

My favorite books are from the Famous 5. I like how the five friends are adventurous and love to explore. The Famous Five is a group of young detectives featured in a series of adventure books by Enid Blyton. The characters are relatable and have their flaws, making them feel like real friends which can make readers easily connect with their personalities. These books are all about the thrilling adventures and mysteries that the five friends stumble upon during their holidays. The books are not too long or too short. It is a really good mix of mystery and adventure and is one of the bestselling children's series of all time. My favorite character in the book is Anne Kirrin. Anne Kirrin is one of the main characters in Enid Blyton's Famous Five series.

Anne is known for her gentle and caring nature. She's often portrayed as the most domestic and nurturing of the group. There are many things that the book teaches and they are not only about things to do for others but also to do for yourself. Some of them are to

1. Leadership and responsibility
2. Problem-solving
3. loyalty and friendship
4. Kindness and empathy
5. Teamwork
6. Loyalty and companionship

-Yana Jani, MYP-1

Primary Year Program

There are numerous excellent books in the world, but out of all the books I have read so far in my life, my favourite one is "The Penultimate Peril" from the famous book series called "A Series of Unfortunate Events." The series is written by the exceptionally gifted author, Daniel Handler who uses the name Lemony Snicket in his books as the author's name. The Penultimate Peril is the twelfth book in the series. In this book, the Baudelaire orphans, Violet, Klaus, and Sunny the main characters end up at the Hotel Denouement, a mysterious place that seems to have a threatening side. Despite that, it's the last safe place yet, it's also a gathering place for many characters who are connected to their unfortunate lives.

As the orphans navigate through the hotel, they have to be careful. They take on disguises and work as concierges to gather information about V.F.D. This organisation has been a central mystery throughout the series. The orphans meet familiar faces and unfamiliar threats. They try to uncover the truth about their parents' involvement with V.F.D. and the ongoing battle between good and evil.

"The Penultimate Peril" is a suspenseful and complex book. The book sets the stage for the final installment, "The End." The Baudelaire orphans get closer to discovering the secrets of their past and the resolution of their unfortunate events.

I enjoyed reading "The Penultimate Peril" for several reasons. Firstly, the book's intricate and suspenseful plot kept me engaged from beginning to end with its clever twists and constant sense of mystery. Additionally, the book explores morally complex themes, prompting me to reflect on the blurred lines between right and wrong. All these elements come together to make "The Penultimate Peril" a captivating and thought-provoking read that resonates with my literary tastes.

-Yana Amin, PYP-5



ALUMNI COLUMN

Greetings everyone! I am Vareeja Hariyani and I am an alumna of Calorx Olive International School which means I have graduated from the same school you are studying in right now. Graduation is a big part of growing up. Growing up means saying goodbye to so so many people. And I don't mean your best friends because let's face it you can still talk their ear off. I mean the security on the school gate who always always waves at you and that one junior who oh-so-cheekily says hi to you everyday and the teachers who don't take your classes but seem so fun to be around. Change is an inevitable part of life but it still definitely hurts a lot.

So, while you still have the chance, wave back to the security and greet the teacher you pass by. Cherish the people you are lucky to have in your life because trust me, they won't always be there.

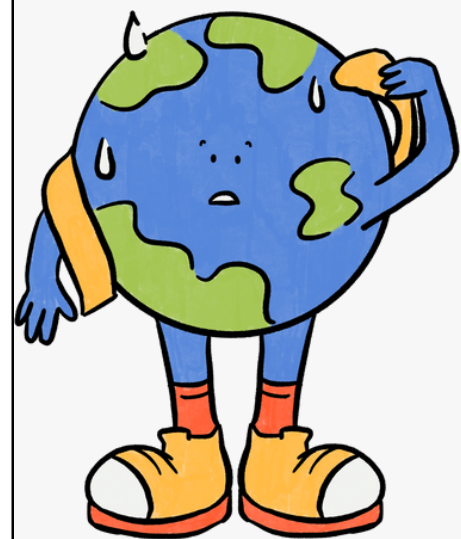
Vareeja Hariyani

STUDENT LIFE

Hi everybody, how have studies been treating you? It can't be the best with exams right around the corner and your chaniya cholis out of the back of your closets. The stress has been catching up with the team too so we have some ideas to take the stress off your mind and the weight off your shoulders even if it's just for a few hours. Music has always been a great way to take your mind off of stress, right? WRONG! Or atleast Spotify seems to think so with non premium users now not allowed to use basic features like repeat, rewind, queue, etc.

You could also try outdoor activities like swimming. However, that might not be the best idea considering the 2-ft-long baby crocodile found in BMC's Dadar swimming pool. Maybe we should stay at home and just study as 2023 is on track to be the HOTTEST year ever recorded in history.

-xoxo, student life :p



ANECDOTES FROM around the world



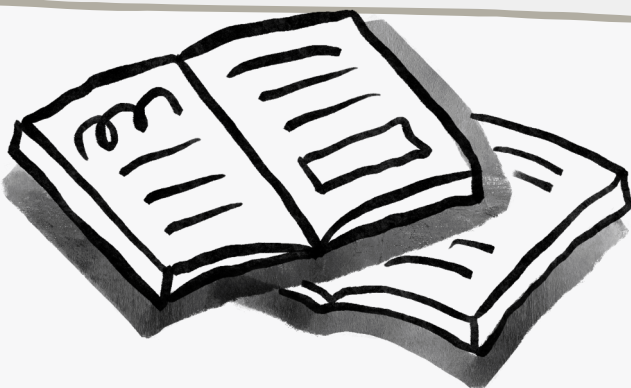
Global News

- Canada elects first black House of Commons Speaker
- At least 21 dead as Venice bus plunges from bridge
- Teenage boy arrested after two killed at top Bangkok mall
- US House votes to allow move to oust Kevin McCarthy as speaker
- Hardeep Nijjar killing: Trudeau says Canada not keen to escalate tensions with India



Educational News

- Multilingual Education Linked to Higher Test Scores, Recent Psychological Science Study Reveals
- United Nations initiates a Campaign #EqualFutures to Empower Girls Through Education and Challenge Gender Stereotypes
- International Baccalaureate Career-Related Programme Plans To Reach 100 New Schools In the Next Five Years



Sports News

- PV Sindhu became the first Indian shuttler in Asian Games history to reach the final, where she lost to Tai Tzu Ying of Chinese Taipei, securing a silver medal
- Brazilian Footballer Neymar, Underway to Join Al-Hilal in Saudi Arabia, Departing PSG
- Red bull's Max Verstappen crowned World Champion at the Qatar Grand Prix Sprint for the third consecutive year. The Dutchman gave a dominant performance through out the season by winning 14 races so far, with five races to go.



Health and Well-Being

- WHO, WADA sign memorandum of understanding to collaborate on clean, drug-free sport
- Top donor Germany signs major contribution to WHO for health emergencies; signs host agreement for WHO pandemic hub
- Recommended composition of influenza virus vaccines for use in the 2024 southern hemisphere influenza season

THE IB FORUM

Approaches to Learning Skills

The ATL (Approaches to Learning) skills are essential components of IB programs, enabling students to identify and address their weaknesses through diverse activities, fostering improvement in thinking, self-management, research, collaboration, and communication. Here's a concise breakdown of each component:

- 1. Thinking Skills:** These cognitive abilities empower individuals to analyze, evaluate, and manipulate information for informed decisions, problem-solving, and generating new ideas. It includes critical thinking (analysis, evaluation, inference, problem-solving), creative thinking (brainstorming, divergent thinking, synthesis, risk-taking), and transfer thinking (generalization, adaptation, abstraction, metacognition).
- 2. Self-Management Skills:** Personal attributes for effectively managing emotions, behaviors, and resources, crucial for personal growth and goal achievement. Key skills include time & stress management, self-motivation, emotional regulation, adaptability, and goal setting & organization.
- 3. Research:** Central to the IB Diploma Programme, research includes media and information literacy. Media literacy involves interacting with different media and comparing information presentations, while information literacy focuses on discovering, interpreting, analyzing, and creating information. These skills are vital for research assignments like IAs.
- 4. Social Skills:** Collaborating with peers enhances lifelong learning, fosters open-mindedness, and cultivates the ability to work harmoniously in group settings. Social skills development promotes effective teamwork and collaboration.
- 5. Communication Skills:** Effective communication is a crucial skill that involves exchanging thoughts, messages, and information successfully. This includes meaningful peer reviews, intercultural understanding for interpretation, and utilizing various speaking techniques for diverse audiences.

Voice of COIS

CAS Highlights

The IB evaluation is a vital assessment for our school's IB program, and it happens every five years. During this assessment, people from outside our school look at things like what we're learning, how we're taught, and if we're becoming good global citizens. They also see if our school gives teachers and students enough support and resources. The results help make our IB program even better.

As for this year, the IB evaluation was pretty cool! It made us come together as a team when we had to turn in our work, decide what cool stuff to show, make our classroom look awesome, and sometimes freak out if things didn't go as planned. Oh, and you might not know, but this was my second time doing the evaluation, and it was way different from the first one. Luckily, our teachers and the student council committee were super helpful. They helped us understand everything and even helped make our classroom look nice. Even though it had its challenges, it was still a lot of fun. Now that most of us know how it all works, I can't wait to see what the next IB evaluation will be like!

Pavi Jani, MYP 3

It is a simulations exercises for those interested in learning more about the UN.

Witnessing our CoIS students' active participation in various competitions is a privilege, and one standout event was the National Model United Nations (NIMUN). Both MYP and DP students took part, gaining a truly transformative experience. This was a significant highlight for our CAS program, as they effectively fulfilled the requirements through their role as delegates representing different nations. It was a truly once-in-a-lifetime experience, broadening their horizons and fostering personal and academic growth.

Aashna: Winner of best delegate
the committee had a variety of topics discussed which started from feminism to the pink and blue razor industry and finally even brought in barbies and kens in the speeches. In my personal experience, the IP chairs were so encouraging and were a constant beacon of light for me, which actually enabled me to win two awards. the NIMUN experience provided significant insights and a very memorable life long experience!

A special appreciation and acknowledgement to COIS and my teachers for always encouraging me and guiding me with their words of wisdom

Missing Out– A Poem

I was told life's short and to live it to the fullest
And to find my purpose to not let it go to waste
I craved the endless waves of the beach, and the
punishing winds of mountains
I wished on every shooting star, tossed pennies in the
fountains
I worked endless days, studied nameless nights
All to find a job, and to live a "good" life
But every now and then, my soul cries out
It cries for the joy and the fun i missed out
It cries for every instance I stayed myself out
It cries out loud for all the times I was left out
and maybe, just maybe I think life is not what I have
lived
but rather, the bits I have been missing out

–Jossita Sharma, DP2



Art of the Month



-Harshit Kalita, MYP-5

Brain Ticklers

Fun facts about Navratri

1. The word "Navratri" comes from two words - "Nav" meaning Nine (9) and "Ratra" meaning "Night".
2. For these 9 days, people worship 9 different incarnations of the goddess. People believe that each of these 9 goddesses combine to form Maa Durga.
3. Dusshera is the day next to Navratri. Lord Rama won the war against the demon king Ravana in Sri Lanka on this day. So, to mark that win, people make big effigies of Ravana and burn them. This signifies the victory of good over evil.
4. Some ancient sages and scholars associated this Navratri time of worship to thank the divine forces properly. Because this divine or spiritual powers provide not only the humankind with powers but also gives enough energy to the earth to move around the sun which causes other changes in the climate resulting to a balance in the universe.
5. People worship Maa Durga in various forms of Shakti or Power all through Navratri. They are: Durga, Bhadrakali, Amba, Annapoorna Devi, Sarvamangala, Bhairavi, Chandika, Lalita, Bhavani, and Mookambika.

Hope you liked reading these interesting facts about Navratri. So, now you can share this information with your friends and relatives and celebrate during this festival even more!

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